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The most recent United Communities meeting took place on 26th April 2021 to hear updates and share views on:

- Service change as restrictions lift
- An update on 18-25yr transition work
- Relocation of Aldershot Safe Haven

United Communities brings together service users, carers, local support organisations and professionals from across the North East Hampshire and Farnham area to discuss local mental health provision, local priorities and new initiatives

The group of approximately 30 were welcomed by Steve Manley, Head of Engagement for the Frimley CCG and Michael Scammell, Mental Health and Learning Disabilities Transformation Manager, Frimley CCG, who laid out the agenda for the meeting.

We were joined again by Rebecca Isherwood Smith, Surrey Heartlands ICS Interim Mental Health Programme Lead - who updated on the work around support for 18-25 year olds who are transitioning from children and young people's mental health and wellbeing services into adult services across both <u>Surrey Heartlands</u> and <u>Frimley</u> <u>Health & Care Integrated Care System.</u> Rebecca was supported in her presentation by Alice Walker Earwicker, Young Healthwatch Surrey Chair and Young Adult Reference Group (YARG) member

The project focuses on 3 areas:

Transition & Access – preparation for transition, how to define the transition processes and how to provide safe appropriate environments

Prevention & Training – to co-develop a training package for young adults transitioning, as well as a specific package for workforce, families and carers

Communication & Messaging – to find a way to clarify and convey a system wide mental health pathway, creating a clear signposting method through targeted communications and messaging about transitions.

The presentation (slides 4-10) and reports which accompany these notes lay out the progress and discussions to date.

The next presentation was given by Michael who provided an update on how local services were adapting to the lifting of restriction (slides 12 & 13), before moving on to provide an update and seek view on the relocation of the Aldershot Safe Haven service. This move is predominately being driven by the fact the lease runs out in August of this year but it also directly response to feedback from those using the

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service who don't enjoy the current location. Please see the attached slides for further details on the new site but if you have any questions you are welcome to get in touch using the email address below.

As always we would like to extend our thanks to members who continue to support this forum and to those who joined us to present. A request has been made and acknowledged for a discussion around carers support for the next meeting. If you have any other subjects you would like to discuss please let us know using the email address below.

Meeting dates for the remainder of the 2021/2022 year have been confirmed as:

- Monday 19th July 2.00pm-3.00pm
- Monday 18th October 2.00pm-3.00pm
- Monday 24th January 2.00pm-3.00pm

For all comments and questions related to the United Communities meetings then please email <u>nehfccg.events@nhs.net</u>