

Joint catheter formulary

Key prescribing points

- No continence appliances should be supplied to a patient without a signed prescription
- Retrospective prescriptions should not be issued by the prescriber
- Emergency supplies should not be made without prior agreement with the prescriber
- Patient/carer requests for continence products should only be considered if recommended by the specialist continence team

Long-term catheters

- The average period of use is 8 – 12 weeks
- Prescribe 2 initially, but only 1 to be added to repeats**
- Silicone products are advised due to increasing numbers of people with latex allergies

Order code	Product	Size Ch Gauge	Quantity	Drug Tariff (Based Jan 2021)
08501205G 08501405G 08501610G 08501810G	Linc Foley 2 way rounded Tip Silicone catheter 2 sterile syringes included, 1 empty for balloon deflation and 1 with sterile water and 5% aqueous glycerin + sterile lubricating jelly	12 14 16 18	1	£5.63 1st Line
085012051G 085014051G 085016101G	Female Linc Foley 2 way rounded Tip Silicone catheter 2 sterile syringes included, 1 empty for balloon deflation and 1 with sterile water and 5% aqueous glycerin + sterile lubricating jelly	12 14 16	1	£5.63 1st Line
48330512 48330514 48330518 48330520	Great Bear All Silicone Foley Catheter With prefilled syringe of purified water for balloon inflation and empty syringe for balloon deflation.	14 16 18 20	1	£6.12

Catheters for Intermittent Use

Due to the need for individual, specialist assessment, these products are available following recommendation by the specialist continence nurses. **1-5 catheters daily may be required** depending on individual patient.

Recommended brands include Lofric, Speedicath Liquick, and Vapro hydrophilic

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Open-ended Catheters

- Licensed for long term use
- **The average use is 1-2 catheters per month**
- For patients experiencing problems with sediment blockage and urinary infection
- The catheter is open-ended allowing for additional drainage
- If anaesthetic gel is required consider using Linc Foley first line as the gel is included

Order code	Product	Size	Quantity	Drug Tariff
AA74/12 – 18	Folysil Open-ended (No gel included) Silicone catheter. Standard length	12 – 18	1	£6.55
08451405 08451610 08451810	Linc Foley 2-way (Gel included) Open-ended Tipped Silicone catheter with Balloon	14-18	1	£11.07

Catheter valves

- It is recommended to change catheter valves every 5-7 days
- Can be used in open position and attached to bag for night time use
- Pull or tap product options allow for personal preference and dexterity
- Not to be used following radical surgery for at least eight weeks
- **No more than 1 pack (5) should be prescribed every month**

Order code	Product	Qty	Drug Tariff
CF1	LINC Care-Flo Catheter Valve	5	£7.68
BFF5	Bard Flip-Flo Catheter valve	5	£13.63
10540A	GB Libra catheter valve	5	£12.98

Leg bags

- 1 pair of elasticated straps comes with pack
- One bag should be in place for 5-7 days
- **1 pack (10) should be prescribed every 2 months**

Order code	Product	Size	Qty	Drug Tariff
LM350SD-T	Linc-Flo Leg bag with T tap 1st Line	350ml direct tube	10	£20.95
LM350MD-T	Linc-Flo leg bag with T tap 1st Line	350ml 10cm tube	10	£20.95
LM500SD-T	Linc-Flo leg bag with T tap 1st Line	500ml direct tube	10	£22.56
LM500LD-T	Linc-Flo leg bag with T tap 1st Line	500ml 30cm tube	10	£22.56
LM500SD-L	Linc-Flo Leg bag with lever tap 1st Line	500ml direct tube	10	£22.25
LM500MD-L	Linc-Flo Leg bag with lever tap 1st Line	500ml 10 cm tube	10	£22.25
LM500LD-L	Linc-Flo Leg bag with lever tap 1st Line	500ml 30cm tube	10	£22.25
5C/350/DI/L	Ugo 5C Leg bag Lever Tap	350ml direct inlet	10	£24.24
6C/350/ST/L	Ugo 6C Leg bag Lever Tap	350ml short tube	10	£24.24
1C/500/ST/L	Ugo 1C Leg bag Lever Tap	500ml short tube	10	£24.24
2C/500/LT/L	Ugo 2C Leg bag Lever Tap	500ml long tube	10	£24.24
3C/500/ST/T	Ugo 3C Leg bag T-tap	500ml short tube	10	£24.20

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4C/500/LT/T	Ugo 4C Leg bag T-tap	500ml long tube	10	£24.20
7C/750/ST/L	Ugo 7C Leg bag Lever Tap	750ml short tube	10	£24.20
8C/750/LT/L	Ugo 8C Leg bag Lever Tap	750ml long tube	10	£24.20
70.33-04.s	Manfred Sauer Bendi bag with lever tap useful for wheelchair users		10	£27.30
70.04s	Manfred Sauer Discreet Thigh bag. Useful for any patients wishing to wear shorts or dresses/skirts.	450ml direct connection	10	£25.86
B1000	Rusch Belly Bag (Teleflex). Suitable for obese patients, those with circulatory problems and amputees.	1 litre	1	£11.04

Drainable night bags

- Connected to leg bag and used in conjunction with a stand
- 1 pack (10) should be prescribed every 2 months**

Order	Product	Size	Qty	Drug Tariff
SLC12-L	Linc-Flo drainable night drainage bag with lever tap	2 litres 100cm tube	10	£9.62 1st Line
10400W	GB4 Great Bear Sterile and re-usable with lever action tap	2 litre 100cm tube	10	£13.98
D813131	Uriplan drainable night drainage bad	2 litre 100cm	10	£13.74
P2000	Prosys sterile drainable night drainage bag with lever tap	2 litre 100cm	19	£12.17

Non-Drainable night bags

- Single use night bags
- Should not be used routinely ,drainable night bags are the preferred option
- Environmental and waste concerns with routine use
- Suitable for patients in nursing homes due to risk of infection
- No more than 3 packs of 10 should be prescribed every month**

Order	Product	Size	Qty	Drug Tariff
10303V	GB3 non sterile with single use T-Tap	2 litre 90cm tube	10	£3.42
LM2LNS	Linc Flo non sterile non drainable	2 litre	10	£2.12 1st Line
D8240	Uriplan non drainable night drainage bag	2 litre	10	£2.70
10/NS/S U/DO	UV Ugo 9 tear top drainage	2 litre	10	£2.10
PSU2	Prosys single use non sterile night drainage bag	2 litre	10	£3.09

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Leg bag holder/support

- Used as an alternative to leg straps to secure leg urine drainage back to the patient's leg
- The patient's leg should be measured to ensure the correct fit.
- These products are washable and 1 pack should last 6 months
- No more than 2 packs should be issued every year
- Should not be on repeat screens

Order code	Product	Size	Qty	Drug Tariff
3005	Ugo fix Sleeve	Small (24-39cm)	4	£7.56
3006	Ugo fix Sleeve	Medium (36-55cm)	4	£7.56
3007	Ugo fix Sleeve	Large (40-70cm)	4	£7.56
JES1	Jade Euroleeve	Small (2 4 - 3 3 c m)	4	£8.44
JES2	Jade Euroleeve	Standard (34-39cm)	4	£8.44
JES3	Jade Euroleeve	Medium (40-46cm)	4	£8.44
JES4	Jade Euroleeve	Large (47-64cm)	4	£8.44
150111	Urisleeve	Small (24-39cm)	4	£8.45
150121	Urisleeve	Medium (36 – 55cm)	4	£8.45
150131	Urisleeve	Large (40 – 70cm)	4	£8.45
10622C	Great Bear Libra leg bag strap with non-slip silicone backing	Calf	10	£14.61
10637T		Thigh	10	£14.61

Catheter fixation support

- These products are washable and 1 pack should last 6 months
- No more than 2 packs should be issued every year
- Should not be on repeat screens.

Order code	Product	Size	Qty	Drug Tariff
10644A	GB Fix It Strap	Medium (45cm)	5	£14.61
10645B		Long (80cm)	5	£15.99
383001	Simpla G strap adult	45cm	5	£14.84
383003	Simpla G-strap abdominal	80cm	5	£16.37

Stands

- Usually free to patients using the night bags and can be obtained direct from the company or the Direct Appliance Contractor.

Order code	Product	Size	Qty	Drug Tariff
	LINC blue hanger	For LINC bags	1	Free
	Great Bear night bag stand	For 10303V	1	Free
	Ugo Stand	For 10/NS/SU/DO	1	Free
PS001	Proslys (Clini supplies)	For PSU2	1	Free

Local anaesthetic and lubricant

- May be used to reduce risk of possible damage to the urethra when changing and inserting an indwelling catheter.

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- Can facilitate pain free insertion and help reduce the risk of associated infection. To be used at each catheter change.
- For single use only
- Risk of anaphylaxis from anaesthetic – refer to local anaphylaxis policy
- Exclude sensitivity to chlorhexidine before use
- A water based sterile lubricant alone is not sufficient urethral lubrication

Order Code	Product	Qty	Price
40-006	Clinimed Instillagel 6 ml (10 per pack) Suitable for female patients	10	£10.50
40-011	Clinimed Instillagel 11 ml (10 per pack) Suitable for female and male patients	10	£11.00

Order Code	Product	Qty	Price
366-5528	Hydro-Caine Gel 6ml Syringe (10 per pack)	1	£1.12
366-5510	Hydro-Caine Gel 11 ml Syringe (10 per pack)	1	£1.17

Catheter maintenance solution

- Should only be considered for **short-term use** to treat indwelling catheters blocked by encrustation or on removal to dissolve crystal formation, after removal, cut catheter lengthwise to observe any crystal formation.
- Monitoring pH will help identify the need for , and the type of solution required
- Citric acid should only be used for those patients who have a consistently high pH of 6.8 and above.

Order code	Product	Size	Qty	Drug Tariff
9746609	Uro-trainer Twin 3.23% Citric acid, Suby G	2 x 30ml	1	£4.94
CSS50	Uro-trainer NaCL 0.9%	50ml	1	£3.61
CSS50	Optiflo S 0.9% Saline	50ml	1	£3.49
CSG50	Optiflo G citric acid 3.23%	50ml	1	£3.70

Bladder Infusion Kit

Order code	Product	Qty	Drug Tariff
MCI/701	LINC-Flo Bladder Infusion Kit For use via LINC-Flo needle free sampling port	10	£20.06

Following a continence assessment funnels, bottles etc. can be obtained from the Beambridge range

Urinary Sheaths

- Should be fitted by a competent practitioner e.g. appliance fitting nurse and changed daily.
- **1 packet of 30 should be adequate for 1 month.**
- Use any of the following: Sauer, Great Bear, Jade, Hollister, Bard, Coloplast Conveen, and Rochester

FOR URGENT QUERIES PLEASE CONTACT YOUR LOCAL COMMUNITY NURSING TEAM

FOR NON URGENT ENQUIRIES PLEASE CONTACT VIRGIN CARE CONTINENCE TEAM

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Catheter Care Action Plan

Problem	Possible Cause	Suggested plan of action
Bypassing	Detrusor instability	Smaller gauge catheter
		Antimuscarinic therapy
	Kinking of tube	Straighten tube
	Encrustation	Ensure drainage back below bladder level
		Check PH of urine if above 7 then consider SubyG or solution R if SubyG ineffective.
	Debris	0.9% NaCl instillation
Encrustation	Trigone Irritation	Review balloon size
		Check balloon fully inflated
	Infection	See infection guidelines below
Infection	Alkalinity PH above 8	SubyG or more persistent encrustation then solution R. Instil for 15 -20 minutes for SubyG 15 - 20 minutes for solution R
		Ensure adequate fluid intake
Infection	1	Take CSU for analysis
	2	Antibiotics if indicated
	4	Teach correct catheter care
	5	Discuss personal hygiene
	6	Increase fluid intake to adequate level
	7	Cranberry Juice if not contra indicated i.e. warfarin
No Drainage	Tubing Kinked	Straighten tube
		Ensure drainage back below bladder level
	Faecal Impaction	Rectal examination and appropriate treatment
	Encrustation	SubyG or for more persistent encrustation Solution R
	Debris	0.9% NaCl instillation
	Anuria	Medical Intervention URGENTLY
Discomfort	Too large catheter	Smaller gauge catheter/ coated catheter
	Traction	Reposition
		Continued discomfort contact doctor

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