

# Primary Care Approved Dressings and Medications for Adult Gastrostomy Tube Stoma Sites. NHS Frimley (*Places in East Berkshire with an Abbott Nutrition UK contract*).

This document lists the approved dressings and medications that Abbott Nurse Advisors (ANA) should use on adult gastrostomy tube stoma sites. Items are available on prescription (FP10) when clinically indicated. ANA initiating a dressing or medication should contact the patient's registered GP for an acute prescription using Abbott Form 7: citing patient details (name, date of birth, NHS number) with clear information about the name of the product, reason for issue, how to use it and expected duration of use. If a dressing is requested, the preferred size should be indicated. ANA will monitor and review and advise on appropriate length of use as clinically indicated.

Product <i>Prices from Drug Tariff (October 2023)</i>	Dosage/Duration of treatment and Directions	Monthly Quantity
<b><i>To protect the skin from excoriation caused by leaks from stoma sites</i></b>		
<b>Medi Derma S</b> [Medicareplus International] 30ml Barrier Film Pump Spray (£5.35) 1ml Non sting barrier film applicator (5) (£3.70) 3ml Non sting barrier film applicator (5) (£5.95)	Reapply every 24-72 hours or after each dressing/device change.	Spray: 1 bottle (30ml) Applicator: 30 (6x 5)
<b>Medi Derma S Barrier Cream</b> [Medicareplus International] (28g: £2.98)	Apply daily, no duration specified	1 tube (28g)
<b>*Flaminal Forte</b> [FlenHealth] (15g: £8.37) <b>*Flaminal Hydro</b> [FlenHealth] (15g: £8.37)	Apply every 72 hours, no duration specified	1 tube (15g)
<b><i>Treatment for over-granulation tissue on stoma sites</i></b>		
<b>Fucidin H cream**</b> [LEO Pharma] (30g: £6.02)	Apply daily for 7 days <i>Then step-down:</i> Alternate days for 7 days 2 times per week for 7 days 1 day a week for 7 days	1 tube (30g)
<b>Flaminal Hydro</b> [FlenHealth] (15g: £8.37)	Apply every 72 hours, no duration specified	1 tube (15g)
<b>Maxitrol eye ointment</b> [Novartis] (3.5g: £1.44)**	Apply daily for 2 weeks	1 bottle (3.5g)
<b><i>Non-adhesive foam dressings: For tube site leakages and severe over granulation on stoma sites</i></b> <i>Dressing pack sizes available x1, x5, x10</i>		
<b>Aquacel Foam Non-Adhesive</b> [Convatec] 5x5cm £1.45 each, 10x10cm £2.74 each	Apply daily or as clinically indicated, no duration specified	30 (3x 10)
<b>Biatain Non-Adhesive</b> [Coloplast] 5x7cm £1.43, 10x10cm £2.60	Apply daily or as clinically indicated, no duration specified	30 (3x 10)
<b><i>Anti-microbial dressing: For an infected wound</i></b>		
<b>Aquacel Extra Ag+</b> [Convatec] 5x5cm £2.13 each, 10x10cm £5.07 each	Apply daily or as clinically indicated, no duration specified	30 (3x 10)

## Additional Information:

**\*Flaminal Forte:** moderately to heavily exuding wounds

**\*Flaminal Hydro:** lightly to moderately exuding wounds

**\*\* Off label use** (Discussed with Medicines Advice, September 2021)

**Supporting documents:** National Nurses Nutrition Group: Good Practice Guidance: 'Care of Gastrostomy Tubes and Exit Site Management in Adults and Children' (March 2020)

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