

Medicines Optimisation Position Statement

Position Statement	Prescribing gluten free foods in NHS Frimley
Position Statement number:	006
Approved by Medicines Optimisation Group:	August 2023
Date of issue:	August 2023
Date of last review:	August 2021
Date of planned review	August 2025

Recommendations:

Frimley ICB will adopt the national guidance (December 2018) to limit the prescribing of gluten free (GF) foods to GF bread and GF mixes only. GF foods from outside these categories (biscuits, cereals, cooking aids, grains, flours and pasta) are no longer available for NHS prescribing and have been removed from Part XV (Borderline Substances) of the Drug Tariff.

Gluten free foods are available on prescription for patients diagnosed with established gluten sensitivity enteropathies including coeliac disease and dermatitis herpetiformis.

Following no guidance from NHS England regarding quantity, Frimley ICB recommends that the number of GF units available on NHS prescription should remain at **8 units per patient per month**, regardless of age and sex.

Prescribable food item	Number of units
400g fresh or long-life GF bread/rolls/baguettes	1
500g gluten free mix	2

The approved list* of gluten-free foods supported by funding has been reviewed to ensure all items are on the updated ACBS list and are able to be prescribed. No other products will be approved.

**Attached, 'Prescription request for gluten-free foods.'*

References: (all accessed July 2023)

NICE Coeliac Disease: (2015) www.nice.org.uk/guidance/ng20

Coeliac UK website: www.coeliac.org.uk

NHS Choices: www.nhs.uk/conditions/coeliac-disease/

Consultation: (2018) prescribing-gluten-free-foods-primary-care-guidance-for-ccgs.pdf (england.nhs.uk)

Prescqipp <https://www.prescqipp.info/our-resources/bulletins/bulletin-225-gluten-free-foods/>

PRESCRIPTION REQUEST FOR GLUTEN-FREE FOODS

This is the approved list of gluten-free foods supported by funding for adults and children, no other products will be approved.

Name:
Address & postcode:
Usual GP:

Please choose up to 8 items each month

FRESH loaves of bread <i>Must be chosen as large packs, as shown below</i>	EMIS descriptor (for GP use)	Tick (✓) to choose	Count as:
Juvela fresh white sliced loaf 400g (Pack of 8 loaves of bread)	Juvela gluten free fresh white loaf sliced (Juvela Ltd) 8x400g		Count as 8 items
Juvela fresh fibre sliced loaf 400g (8 loaves)	Juvela gluten free fresh fibre loaf sliced (Juvela Ltd) 8x400g		Count as 8 items
Glutafin Select fresh brown bread 400g (8 loaves)	Glutafin gluten free select fresh brown loaf sliced (Dr Schar UK Ltd) 8x400g		Count as 8 items
Glutafin Select fresh white bread 400g (8 loaves)	Glutafin gluten free select fresh white loaf sliced (Dr Schar UK Ltd) 8x400g		Count as 8 items
Genius white sliced sandwich loaf 535g (6 loaves)	Genius gluten free white sandwich bread sliced (Genius Foods Ltd) 6x535g		Count as 8 items
Genius brown sliced sandwich loaf 535g (6 loaves)	Genius gluten free brown sandwich bread sliced (Genius Foods Ltd) 6x535g		Count as 8 items
Genius Farmhouse Seeded Brown Farmhouse 535g (6 loaves)	Genius gluten free seeded brown farmhouse loaf sliced (Genius Foods Ltd) 6x535g		Count as 8 items
Warburtons white sliced bread 400g (4 loaves)	Warburtons gluten free white bread sliced (Warburtons Ltd) 4x400g		Count as 4 items
Warburtons brown sliced bread 400g (4 loaves)	Warburtons gluten free brown bread sliced (Warburtons Ltd) 4x400g		Count as 4 items
FRESH rolls <i>Must be chosen as large packs, as shown below</i>		Tick (✓) to choose	Count as:
Juvela fresh fibre rolls (5 rolls per pack) 425g (8 packs of 5 rolls)	Juvela gluten free fresh fibre rolls (Juvela Ltd) 8x425g		Count as 8 items
Juvela fresh white rolls (5 rolls per pack) 425g (8 packs of 5 rolls)	Juvela gluten free fresh white rolls (Juvela Ltd) 8x425g		Count as 8 items
Warburtons brown rolls (3 rolls per pack) 232g (4 packs of 3 rolls)	Warburtons gluten free brown rolls (Warburtons Ltd) 4x232g		Count as 4 items
Warburtons white rolls (3 rolls per pack) 232g (4 packs of 3 rolls)	Warburtons gluten free white rolls (Warburtons Ltd) 4x232g		Count as 4 items
FRESH bread / rolls mixed cases <i>Juvela offers a mixed pack option as below. GP please PRESCRIBE AS 2 SEPARATE LINES</i>		Tick (✓) to choose	Count as:
4 packs Juvela fresh white sliced loaf 400g + 4 packs Juvela fresh fibre sliced loaf 400g	Juvela gluten free fresh white loaf sliced (Juvela Ltd) 4x400g Juvela gluten free fresh fibre loaf sliced (Juvela Ltd) 4x400g		Count as 8 items
4 packs Juvela fresh white sliced loaf 400g + 4 packs Juvela fresh white rolls 425g	Juvela gluten free fresh white loaf sliced (Juvela Ltd) 4x400g Juvela gluten free fresh white rolls (Juvela Ltd) 4x425g		Count as 8 items
4 packs Juvela fresh white sliced loaf 400g + 4 packs Juvela fresh fibre rolls 425g	Juvela gluten free fresh white loaf sliced (Juvela Ltd) 4x400g Juvela gluten free fresh fibre rolls (Juvela Ltd) 4x425g		Count as 8 items
4 packs Juvela fresh fibre sliced loaf 400g + 4 packs Juvela fresh white rolls 425g	Juvela gluten free fresh fibre loaf sliced (Juvela Ltd) 4x400g		Count as 8 items

	Juvela gluten free fresh white rolls (Juvela Ltd) 4x425g			
4 packs Juvela fresh fibre sliced loaf 400g + 4 packs Juvela fibre rolls 425g	Juvela gluten free fresh fibre loaf sliced (Juvela Ltd) 4x400g Juvela gluten free fresh fibre rolls (Juvela Ltd) 4x425g			Count as 8 items
4 packs Juvela white rolls 425g + 4 packs Juvela fibre rolls 425g	Juvela gluten free fresh white rolls (Juvela Ltd) 4x425g Juvela gluten free fresh fibre rolls (Juvela Ltd) 4x425g			Count as 8 items
Long life bread (may be chosen as individual loaves)		Tick (✓) to choose	Count as:	How many?
Glutafin Select fibre loaf sliced 400g	Glutafin gluten free Select fibre loaf sliced (Dr Schar UK Ltd)		1 item	
Glutafin Select seeded loaf sliced 400g	Glutafin gluten free Select seeded loaf sliced (Dr Schar UK Ltd)		1 item	
Glutafin Select white loaf sliced 400g	Glutafin gluten free Select white loaf sliced (Dr Schar UK Ltd)		1 item	
Juvela Long Life fibre loaf sliced 400g	Juvela gluten free fibre loaf sliced (Juvela Ltd)		1 item	
Juvela Long Life fibre loaf unsliced 400g	Juvela gluten free fibre loaf unsliced (Juvela Ltd)		1 item	
Juvela Long Life white loaf sliced 400g	Juvela gluten free loaf sliced (Juvela Ltd)		1 item	
Juvela Long Life loaf white unsliced 400g	Juvela gluten free loaf unsliced (Juvela Ltd)		1 item	
Part baked products (may be chosen as individual packs)				
Juvela bread roll white part baked (5 rolls per pack) 375g	Juvela Gluten Free part baked white bread rolls (Juvela Ltd)		1 item	
GF flour mixes		Tick (✓) to choose	Count as:	How many?
Glutafin select multipurpose white mix 500g	Glutafin gluten free Select multipurpose white mix (Dr Schar UK Ltd)		2 items	
Glutafin select multipurpose fibre mix 500g	Glutafin gluten free Select multipurpose fibre mix (Dr Schar UK Ltd)		2 items	
Innovative Solutions gluten free bakery blend (Wheat free, dairy free) 1kg	Innovative Solutions Pure gluten free bakery blend mix (Innovative Solutions UK Ltd)		4 items	
Juvela fibre mix 500g	Juvela gluten free fibre mix (Juvela Ltd)		2 items	
Juvela white mix 500g	Juvela gluten free white mix (Juvela Ltd)		2 items	
		Your item total		